

# TALK TO A DOCTOR IN MINUTES!

The care you need,  
on your schedule!

Teladoc is paid for by your employer

On-demand, 24/7 access  
to the care you need,  
by phone, video or mobile app

- Talk to a doctor in 16 min. on average
- No co-pays or per-call charges
- US based, board-certified doctors
- Get prescriptions and treatment plans
- Connect 24/7 by phone, video or app
- For you and your entire family



Healthcare . . .  
the way it should be!

# Welcome!

## Welcome to Teladoc

Teladoc is an innovative new Healthcare program that gives you and your family on-demand, 24/7 access to the quality care you need, when you need it. Whether you're on vacation or it's 2 in the morning, the care you need is just a call or click away!



## When's a good time to use Teladoc?

- If you'd like your lab results analyzed
- If you'd like a recommendation for a specialist
- If you have a health-related question
- When you're on vacation, on a business trip, or away from home
- If you need a short-term prescription refill
- If you'd like a medical issue explained to you or you need a second opinion
- If you're thinking of going to urgent care or the ER for a non-emergency issue

95%  
member  
satisfaction

90%  
of issues  
resolved

16 min  
average  
response time



**On-demand, 24/7 Access**  
Access to the care you need is now  
just a call or click away... anytime,  
anywhere!



**No Copays or Deductibles**  
There are no per-call charges, so use  
the program as much as you need.  
Standard prescription co-pays apply.



**Highest Quality Doctors**  
All our physicians are Board  
Certified, State Licensed and trained  
to help you remotely.



**Get Prescriptions**  
Our doctors can prescribe  
medication when needed and send  
it to your local pharmacy.



**Covers Your Family**  
From parents to children, add all  
your family members to your plan  
for no additional fees.

For more information visit:  
[www.getcadplus.com/carespring](http://www.getcadplus.com/carespring)

**The care you need  
when you need it!**

**HERE'S HOW  
TO ACTIVATE**

**24/7 Access to Doctors  
by phone, video or app!**

Teladoc provides you with 24/7 access to US-based, board certified doctors by phone, video or mobile app. It's simply a more convenient, more affordable way for you to resolve many of your medical issues.

**It's healthcare the way it *should* be!**

#### CONVENIENCE

- 24/7/365 access to the care you need
- No waiting rooms or closed offices
- Access by phone, video or mobile app

#### MONEY SAVINGS

- Avoid costly Urgent Care or ER visits
- No co-pays, deductibles or per call charges
- Teladoc is paid for by your employer

#### PEACE OF MIND

- Covers your entire family, even parents
- Get the answers you need in minutes
- 100% acceptance, no limitations on use

**PLEASE NOTE:** Teladoc is not health insurance and does not replace your primary care physician, but is a resource platform designed to improve wellness and lifestyle. If you have an urgent medical condition, please dial 911. All services HIPAA compliant.

Simply follow these steps to access your benefits:

- 1** Login to [www.teladoc.com](http://www.teladoc.com)
- 2** Click the 'Set up account' button
- 3** Provide your personal information
- 4** Select 'no' for username and use 'Call A Doctor Plus' for insurance provider
- 5** Click the 'Continue' button
- 6** Complete the process and you're all set!

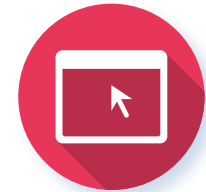
**Power Tip!**

While setting up your account, complete your Health Records and add dependents. It's easy to do and should take you less than 10 minutes!

**3 Easy Ways to Connect:**



**Call (800) 835-2362**



**Visit [www.teladoc.com](http://www.teladoc.com)**



**Download the App**

Search for Teladoc



***Sponsored by your employer!***